SLEEP HERO NETWORK

Mallampati Screener

When doing the Mallampati exam

- 1. Have patient sit up
- 2. Have patient open their mouth
- 3. Have patient stick their tongue out
- 4. Make sure they do not say "Ahhh"

Classes

Classify the patient based on the space around the uvula.

Class 1	clearly see airway on both sides of uvula and below uvula
Class 2	clearly see the airway on both sides and still see the bottom of the uvula
Class 3	can barely see the airway to the side of the uvula
Class 4	can't see airway at all



Use this opportunity to take a picture of your patient's mouth and have the patient choose which class they are.

Have the patient tell you which class they think they are

Mallampati Classification

